

Helping women get healthy, be happy, and live well.

“ Imagine a world where everyone is loved, everyone is happy, and everyone is free to be themselves”
~ Lane Cobb



SIGNATURE SPEAKING TOPICS:

- For Love and Money – 7 Spiritual Solutions for Squelching Scarcity
- Breakthrough to Greatness – Getting Your Due for Just Being You
- Reclaim Your Power – 5 Steps to Living Life On Purpose
- Love Yourself & Get On With It – Creating the Life Your Desire & Deserve
- Be Your Biggest Champion – 6 Keys to Happiness and Unlimited Success *(For Teens)*
- Finding Your Unique Purpose *(For Teens)*

COACH – Creator of the “Intuitive Body Coaching Healing Method”, Lane helps women transform their emotional, physical, and spiritual energies so they can rediscover their passion, connect with their purpose, and live an authentic and regret-free life.

LANE TEACHES WOMEN AND TEEN GIRLS TO:

- Transform emotional baggage and free their inner champion
- Break through negative thought patterns and find their authentic voice
- Create new patterns of success through meaningful, right action
- Establish and achieve new levels of personal excellence in both business and personal relationships
- Love themselves unconditionally, respect themselves fully, and never settle for less than what they want and what they deserve

BACKGROUND – Lane is certified by Coaches Training Institute, WellCoaches, LLC, and International Coaches Federation. With 20+ years of experience helping women have healthy bodies, healthy mind-sets, and healthy relationships, Lane brings a diverse and extensive body of knowledge to her speaking. As a sought-after expert in the fields of transformation, motivation, and healing, Lane is an example to women who seek to ignite their passion, live their purpose and achieve their greatest potential.

Lane is internationally certified in multiple coaching and healing modalities and is a graduate of Peak Potentials Train the Trainer Program. Her services include individual and group coaching, virtual seminars, workshops and keynotes that provide women with a clear and powerful context for living each day with self-reverence, inspired by who they are and appreciating what they bring to the world.



AUTHOR

“Be Your Biggest Champion –
A Self-Esteem Guide for Teen Girls”

“Heal Your Power, Heal Your Life –
10 Essential Healing Practices for Women on the Rise”

“Reclaim Your Power – 5 Steps for Living Life on Purpose”

RAVE REVIEWS

POWERFUL WOMEN ENTREPRENEURS

Lane’s compassionate wisdom reminds women how powerful they are, no matter the circumstances. As business owners, Lane helped us refine our vision, plot our course and stay on track. We highly recommend Lane’s services to anyone who needs reminding of the abundance of good in the universe and their rightful place within it. ~ LeeAnn Neal, CEO Rocky Intertidal CoCreative

MOTIVATED AND PURPOSEFUL

Lane Cobb is gifted, intuitive, supportive, and completely top notch! I now have incredible clarity for my purpose and mission like I have never felt before. In one short hour Lane was able to connect me to my deep sense of purpose and motivate me like never before. I now have a resource that I know can help me continue to move forward despite any obstacles life may have in store. ~Lesley Vogel, RD, LD, Be Well, LLC and NSA Juice Plus

SKILLFUL MOTIVATOR

Lane Cobb is a skillful workshop presenter. She engages her audience in a way that motivates them to connect with their purpose, find their authentic voice, and make choices that empower them to be true to themselves and not to give their power over to social conflict or unfortunate circumstances. ~Kendra Randall Jolivet, Esq., Randall & Sonnier, LLC, Attorneys At Law

A CHANGE OF MIND!

Lane Cobb’s direct style of speaking forced the group to self-evaluate and change varying types of dysfunctional thinking. She really connected with the audience in a way that they easily understood and motivated them to move forward. ~Caprice Smith, CEO Sharper Minds Consultants